# PSHE
# Unit of Study Overview

| | Autumn | | | | Spring | | | | Summer | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | Term 1 | | Term 2 | | Term 1 | | Term 2 | | Term 1 | | Term 2 |
| Reception | Being Me in My World | Black History Month | Celebrating Difference | • Remembrance Day<br>• Children in Need<br>• Anti-Bullying Week | Dreams and Goals | • LGBT History Month<br>• Mental Health Awareness Week | Healthy Me | Comic Relief | Relationships | PRIDE Month | Changing Me (C&C) |
| Year 1 | Being Me in My World | Black History Month | Celebrating Difference | • Remembrance Day<br>• Children in Need<br>• Anti-Bullying Week | Dreams and Goals | • LGBT History Month<br>• Mental Health Awareness Week | Healthy Me | Comic Relief | Relationships | PRIDE Month | Changing Me (C&C) |
| Year 2 | Being Me in My World | Black History Month | Celebrating Difference | • Remembrance Day<br>• Children in Need<br>• Anti-Bullying Week | Dreams and Goals | • LGBT History Month<br>• Mental Health Awareness Week | Healthy Me | Comic Relief | Relationships | PRIDE Month | Changing Me (C&C) |
| Year 3 | Being Me in My World | Black History Month | Celebrating Difference | • Remembrance Day<br>• Children in Need<br>• Anti-Bullying Week | Dreams and Goals | • LGBT History Month<br>• Mental Health Awareness Week | Healthy Me | Comic Relief | Relationships | PRIDE Month | Changing Me (C&C) |
| Year 4 | Being Me in My World | Black History Month | Celebrating Difference | • Remembrance Day<br>• Children in Need<br>• Anti-Bullying Week | Dreams and Goals | • LGBT History Month<br>• Mental Health Awareness Week | Healthy Me | Comic Relief | Relationships | PRIDE Month | Changing Me (C&C) |
| Year 5 | Being Me in My World | Black History Month | Celebrating Difference | • Remembrance Day<br>• Children in Need<br>• Anti-Bullying Week | Dreams and Goals | • LGBT History Month<br>• Mental Health Awareness Week | Healthy Me | Comic Relief | Relationships | PRIDE Month | Changing Me (C&C) |

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| | Autumn | | | | Spring | | Summer | | |
|---|---|---|---|---|---|---|---|---|---|
| | Term 1 | | Term 2 | | Term 1 | Term 2 | Term 1 | | Term 2 |
| Year 6 | **Being Me in My World** | Black History Month | **Celebrating Difference** | • Remembrance Day<br>• Children in Need<br>• Anti-Bullying Week | **Anxiety** | • LGBT History Month<br>• Mental Health Awareness Week<br>Comic relief | **Relationships** | | **Changing Me (C&C)** |

| Key (if required) | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|
| | Physical | | Social | | Health (including Mental Health) | | Extra-Curricular Links/Days | | |
| **Abc** | **Health and Wellbeing** – physical and mental self-care | Abc | **Relationships** – respect, empathy and communication | Abc | **Living in the Wider World** – responsibility, citizenship and finance | Abc | **Identity** – understanding self and others | **Abc** | **Choice and Consequence** – informed decision-making |