School Lunch @ Ribbon

- Enjoy lunches at Ribbon on a 3-weekly rota.
- For each day choose a main meal and a dessert.
- Make sure you choose each for each of the 3 weeks.

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage, mash & gravy Sweetcorn, carrots & vegetable sticks	Fishfingers in a bun with potato waffles Peas, baked beans & vegetable sticks	Dippers with potato bites & noodles Carrots, sweetcorn & vegetable sticks	Roast chicken dinner with yorkshire pudding Mixed vegetable, broccoli & vegetable sticks	Fish portion or fish star with chips Baked beans, peas & vegetable sticks
Cheese wrap & salad	Cheese pasta salad	Turkey bun or tuna bun with salad	Ham sandwich & salad	Jacket potato with cheese, beans & salad
Chocolate sponge & custard	Ice cream tub or apple crumble & custard	Iced fairy cake & orange wedges	Arctic roll slice	Shortbread biscuits
Yoghurts	Yoghurts	Yoghurts	Yoghurts	Yoghurts
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Sausage roll or cheese roll with Potato bites Baked beans, carrots & vegetable sticks	Chicken burger in a bun, potato wedges & ketchup Sweetcorn, peas & vegetable sticks	Pasta bake with garlic bread Sweetcorn, carrot & vegetable sticks	Mince & dumpling with mashed Potatoes Mixed veg , broccoli & vegetable sticks	Fishfinger and chips Baked beans, peas & vegetable sticks
Cheese wrap & salad	Cheese or tuna pasta & salad	Bacon bun & salad	Ham sandwich & salad	Jacket potato with cheese, beans & salad
Ice cream tubs	Cheese & grapes & crackers or jelly	Marble cake with custard	Iced chocolate fairy cake	Crispie cake or sultana flapjack
Yoghurts	Yoghurts	Yoghurts	Yoghurts	Yoghurts
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Toad in the hole, mash potatoes & gravy Broccoli, mixed vegetable & vegetable sticks	Chicken curry, rice & naan Sweetcorn, Carrots & vegetable sticks	Beefburger in a bun with ketchup & potato wedges Sweetcorn, peas & Vegetable sticks	Pizza & potato bites Sweetcorn, carrots & vegetable sticks	Fishfingers or salmon fishcake & chips Baked beans, peas & vegetable sticks
Cheese wrap & salad	Ham sandwich & salad	Ham or tuna pasta & salad	Tuna wrap& salad	Turkey bun & salad
Pancakes, fruit & toffee sauce	Belgian waffle & ice cream	Chocolate fudge cake & custard	Ice cream tubs with sauce & sprinkles	Iced fairy cake
Yoghurts	Yoghurts	Yoghurts	Yoghurts	Yoghurts
Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit