



Ribbon Academy
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Mrs A Sheridan (Head teacher)
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Monday 19th May 2025

Year 2 PSHE (Changing Me)

Dear Parent/Carer,

Over the coming term, Year 2 will begin the Relationship and Sex Education (RSE) work. Relationship & Sex Education became a statutory part of the National Curriculum in September 2020.

The Curriculum focuses on the human life cycle and differences between boys & girls. The children will also spend time learning about the human body, including the scientific names for male and female reproductive organs.

A full overview of your child's planned learning can be found on the following page.

If you have any questions about your child's RSE work, please contact either myself or Miss Hutchinson via Main Reception. Mrs Maddison will also be able to provide support materials for parents/carers to discuss age appropriate RSE in the home.

Kind regards,

Mr S Houghton
Deputy Head Teacher

Year 2 Curriculum Content

Weekly Celebration	Pieces	PSHE learning intention	Social & Emotional development learning intention
Understand that everyone is unique and special	Life cycles in nature	I can recognise cycles of life in nature	I understand there are some changes that are outside my control and can recognise how I feel about this
Can express how they feel when change happens	Growing from young to old	I can tell you about the natural process of growing from young to old and understand that it is not in my control	I can identify people I respect who are older than me
Understand and respect the changes that they see in themselves	The changing me	I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old	I feel proud about becoming more independent
Understand and respect the changes that they see in other people	Boys' and Girls' bodies	I can recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina, vulva, anus) and appreciate that some parts of my body are private	I can tell you what I like/dislike about being a boy/girl
Know who to ask for help if they are worried about change	Assertiveness	I understand there are different types of touch and can tell you which ones I don't like	I am confident to say what I like/don't like and can ask for help
Are looking forward to change	Looking ahead	I can identify what I am looking forward to when I move into my next class	I can start to think about changes I will make when I am in Year 3 and know how to go about this