



PSHE Unit of Study Overview

| | Autumn | | | | Spring | | | | Summer | | | |
|-----------|----------------------|---------------------|------------------------|---|------------------|--|------------|--------------|---------------|-------------|-------------|--|
| | Term 1 | | Term 2 | | Term 1 | | Term 2 | | Term 1 | | Term 2 | |
| Reception | Being Me in My World | Black History Month | Celebrating Difference | <ul style="list-style-type: none"> Remembrance Day Children in Need Anti-Bullying Week | Dreams and Goals | <ul style="list-style-type: none"> LGBT History Month Mental Health Awareness Week | Healthy Me | Comic Relief | Relationships | PRIDE Month | Changing Me | |
| Year 1 | Being Me in My World | Black History Month | Celebrating Difference | <ul style="list-style-type: none"> Remembrance Day Children in Need Anti-Bullying Week | Dreams and Goals | <ul style="list-style-type: none"> LGBT History Month Mental Health Awareness Week | Healthy Me | Comic Relief | Relationships | PRIDE Month | Changing Me | |
| Year 2 | Being Me in My World | Black History Month | Celebrating Difference | <ul style="list-style-type: none"> Remembrance Day Children in Need Anti-Bullying Week | Dreams and Goals | <ul style="list-style-type: none"> LGBT History Month Mental Health Awareness Week | Healthy Me | Comic Relief | Relationships | PRIDE Month | Changing Me | |
| Year 3 | Being Me in My World | Black History Month | Celebrating Difference | <ul style="list-style-type: none"> Remembrance Day Children in Need Anti-Bullying Week | Dreams and Goals | <ul style="list-style-type: none"> LGBT History Month Mental Health Awareness Week | Healthy Me | Comic Relief | Relationships | PRIDE Month | Changing Me | |
| Year 4 | Being Me in My World | Black History Month | Celebrating Difference | <ul style="list-style-type: none"> Remembrance Day Children in Need Anti-Bullying Week | Dreams and Goals | <ul style="list-style-type: none"> LGBT History Month Mental Health Awareness Week | Healthy Me | Comic Relief | Relationships | PRIDE Month | Changing Me | |
| Year 5 | Being Me in My World | Black History Month | Celebrating Difference | <ul style="list-style-type: none"> Remembrance Day Children in Need Anti-Bullying Week | Dreams and Goals | <ul style="list-style-type: none"> LGBT History Month Mental Health Awareness Week | Healthy Me | Comic Relief | Relationships | PRIDE Month | Changing Me | |



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| | Term 1 | | Term 2 | | Term 1 | Term 2 | Term 1 | | Term 2 |
| Year 6 | Being Me in My World | Black History Month | Celebrating Difference | <ul style="list-style-type: none"> Remembrance Day Children in Need Anti-Bullying Week | Anxiety | <ul style="list-style-type: none"> LGBT History Month Mental Health Awareness Week Comic relief | Relationships | | Changing Me |

Key (if required)

| | | | |
|----------|--------|----------------------------------|-----------------------------|
| Physical | Social | Health (including Mental Health) | Extra-Curricular Links/Days |
|----------|--------|----------------------------------|-----------------------------|