



Unit of Study Overview

		Autumn		Spring		Summer				
		Term 1	Term 2	Term 1	Term 2	Term 1	Term 2			
EYFS	Class Teacher	Multi-skills	Multi-skills	Multi-skills	Multi-skills	Multi-skills	Multi-skills			
Year 1	Class Teacher	Commando Joe Traditional Tale	Gymnastics/Fitness	Gymnastics/Fitness	Invasion Games	Teambuilding	Athletics			
	Sports Coach	Fundamentals	Invasion Games – Hockey	Athletics	Games (Net and Wall) – Mini Tennis	Dance – Moving Along (SSP) OR Get Set 4 PE	Games (Striking and Fielding)			
Year 2	Class Teacher	Commando Joe Samuel Pepys	Gymnastics/Fitness	Gymnastics/Fitness	Fundamentals	Teambuilding	Athletics			
	Sports Coach	Invasion Games - Football	Invasion Games – Hockey	Dance – Cat dance (SSP) OR Get Set 4 PE	Games (Net and Wall) – Mini Tennis	Athletics	Games (Striking and Fielding)			
Year 3	Class Teacher	Commando Joe Ed Stafford	Gymnastics/Fitness	Gymnastics/Fitness	Basketball	Rounders	Athletics			
	Sports Coach	Invasion Games – Tag Rugby	Athletics	Invasion Games – Hockey	Games (Net and Wall) - Tennis	Dance – Time to Erupt (SSP) OR Get Set 4 PE	OAA			
Year 4	Class Teacher	Commando Joe Bear Grylls	Fitness	Gymnastics	Gymnastics	Cricket	Netball			
	Sports Coach	Invasion Games – Tag Rugby	Athletics	Dance – Machines (SSP) OR Get Set 4 PE	Games (Net and Wall) – Tennis	Invasion Games – Football	OAA			
Year 5	Class Teacher	Commando Joe Ranulf Fiennes	Gymnastics/Fitness	Gymnastics/Fitness	Swimming T17/T16/T15	Hockey	Swimming T17/T16/T15	Netball	Swimming T17/T16/T15	Games (Striking & Fielding) - Rounders
	Sports Coach	Invasion Games – Tag Rugby	Indoor Athletics/X-Country	Games (Striking & Fielding)	Games (Net and Wall) – Tennis	Outdoor Athletics	Dance – Indian Delight (SSP) OR Get Set 4 PE			
Year 6	Class Teacher	Swimming T20	Gymnastics/Commando Joe Amelia Earhart	Swimming T19	Gymnastics/Commando Joe Amelia Earhart	Swimming T18	Gymnastics/Commando Joe Amelia Earhart	Basketball	Cricket	Rounders
	Sports Coach	Invasion Games – Tag Rugby	Indoor Athletics/X-Country	Dance – Street Dance (SSP) OR Get Set 4 PE	Games (Net and Wall) – Tennis	Outdoor Athletics	OAA			

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Key	
	Fundamentals/Multi-skills
	Commando Joe/Teamwork
	Swimming
	Dance
	Gymnastics
	Athletics
	OAA
	Invasion Games
	Net/ Wall Games
	Striking and Fielding Games