



Unit of Study Overview

		Autumn		Spring				Summer			
		Term 1	Term 2	Term 1		Term 2		Term 1		Term 2	
EYFS	Class Teacher	Multi-skills	Multi-skills	Multi-skills		Multi-skills		Multi-skills		Multi-skills	
Year 1	Class Teacher	Fundamentals	Gymnastics/Fitness	Gymnastics/Fitness		Invasion Games		Teambuilding		Athletics	
	Sports Coach	Commando Joe	Invasion Games	Athletics		Games (Net and Wall) – Mini Tennis		Dance – Moving Along (SSP) OR Get Set 4 PE		Games (Striking and Fielding)	
Year 2	Class Teacher	Invasion Games	Gymnastics/Fitness	Gymnastics/Fitness		Fundamentals		Teambuilding		Athletics	
	Sports Coach	Commando Joe	Invasion Games	Dance – Cat dance (SSP) OR Get Set 4 PE		Games (Net and Wall) – Mini Tennis		Athletics		Games (Striking and Fielding)	
Year 3	Class Teacher	Hockey	Gymnastics/Fitness	Gymnastics/Fitness		Basketball		Runders		Athletics	
	Sports Coach	Commando Joe	Invasion Games - Football	Athletics		Games (Net and Wall) -Tennis		Dance – Time to Erupt (SSP) OR Get Set 4 PE		OAA	
Year 4	Class Teacher	Football	Gymnastics/Fitness	Swimming	Gymnastics/Fitness	Swimming	Gymnastics/Fitness	Cricket		Netball	
	Sports Coach	Commando Joe	Invasion Games	Dance – Machines (SSP) OR Get Set 4 PE		Games (Net and Wall) – Tennis		Athletics		OAA	
Year 5	Class Teacher	Indoor Athletics/X-Country – Teacher	Gymnastics/Fitness	Gymnastics/Fitness		Hockey		Swimming	Netball	Swimming	Netball
	Sports Coach	Commando Joe	Invasion Games - Football	Games (Striking and Fielding)		Games (Net and Wall) – Tennis		Outdoor Athletics		Dance – Indian Delight (SSP) OR Get Set 4 PE	
Year 6	Class Teacher	Swimming	/Indoor Athletics/X-Country and Fitness	Swimming	/Indoor Athletics/X-Country and Fitness	Gymnastics		Basketball		Cricket	
	Sports Coach	Invasion Games - Grid Rugby	Commando Joe	Dance – Street Dance (SSP) OR Get Set 4 PE		Games (Net and Wall) –Tennis		Outdoor Athletics		OAA	

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Key	
	Fundamentals/ Multiskills
	Commando Joe/ Teamwork
	Swimming
	Dance
	Gymnastics
	Athletics
	OAA
	Invasion Games
	Net/ Wall Games
	Striking and Fielding Games