



Growing Together

RSE (Relationships & Sex Education)

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Why consult?

Home-School
Partnership

Supportive
curriculum

Positive
message



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What is RSE?

The **Department for Education** introduced compulsory RSE from September 2020 for all primary schools. Due to the impact of Covid-19 this was pushed back to start of the summer term 2021.

Aim to...

Develop healthy and nurturing relationships of all kinds, not just intimate.

Acceptable
and
unacceptable
behaviours

Positive
effects of
good
relationships

Management
of situations



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Recommendations

The Department for Education recommends that all primary schools have a sex education programme **tailored to the age** and the **physical and emotional maturity of the pupils**. It should ensure that both boys and girls are **prepared** for the **changes that adolescence brings** and – drawing on knowledge of the human life cycle set out in the national curriculum for science – how a baby is conceived and born.





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Importance



Controlled and Safe



Our Main Aims

Safe

Healthy



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Our Responsibilities

Schools maintain a statutory obligation under the Children Act (2004) to **promote their students' wellbeing** and under the Education Act (2002) to prepare children and young people for the **challenges, opportunities and responsibilities of adult life.**



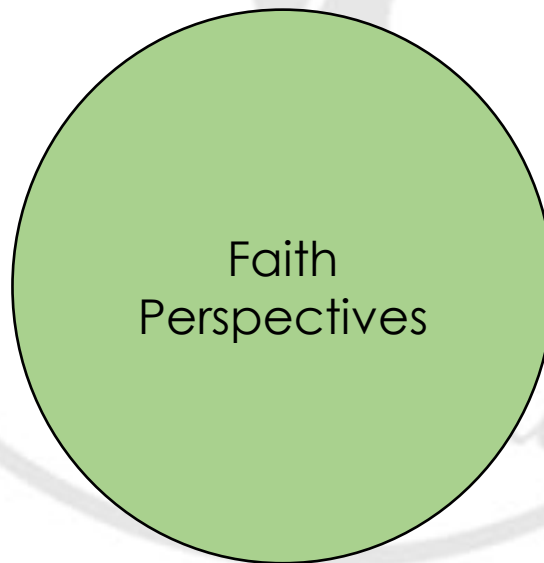
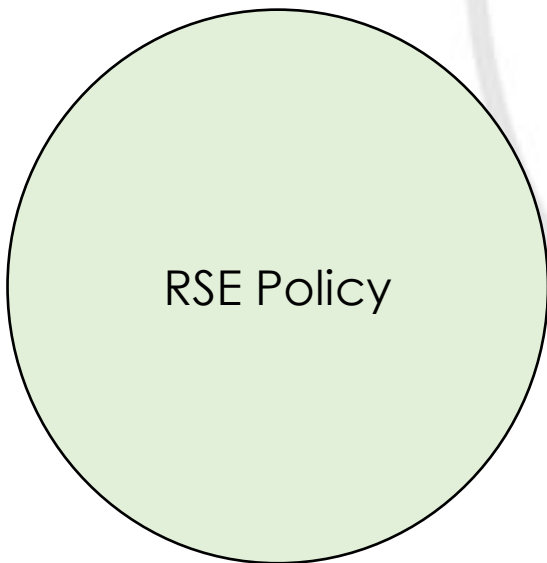


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DfE Guidance

Relationship Education will be **compulsory** in all schools with primary schools being urged to include sex elements where appropriate

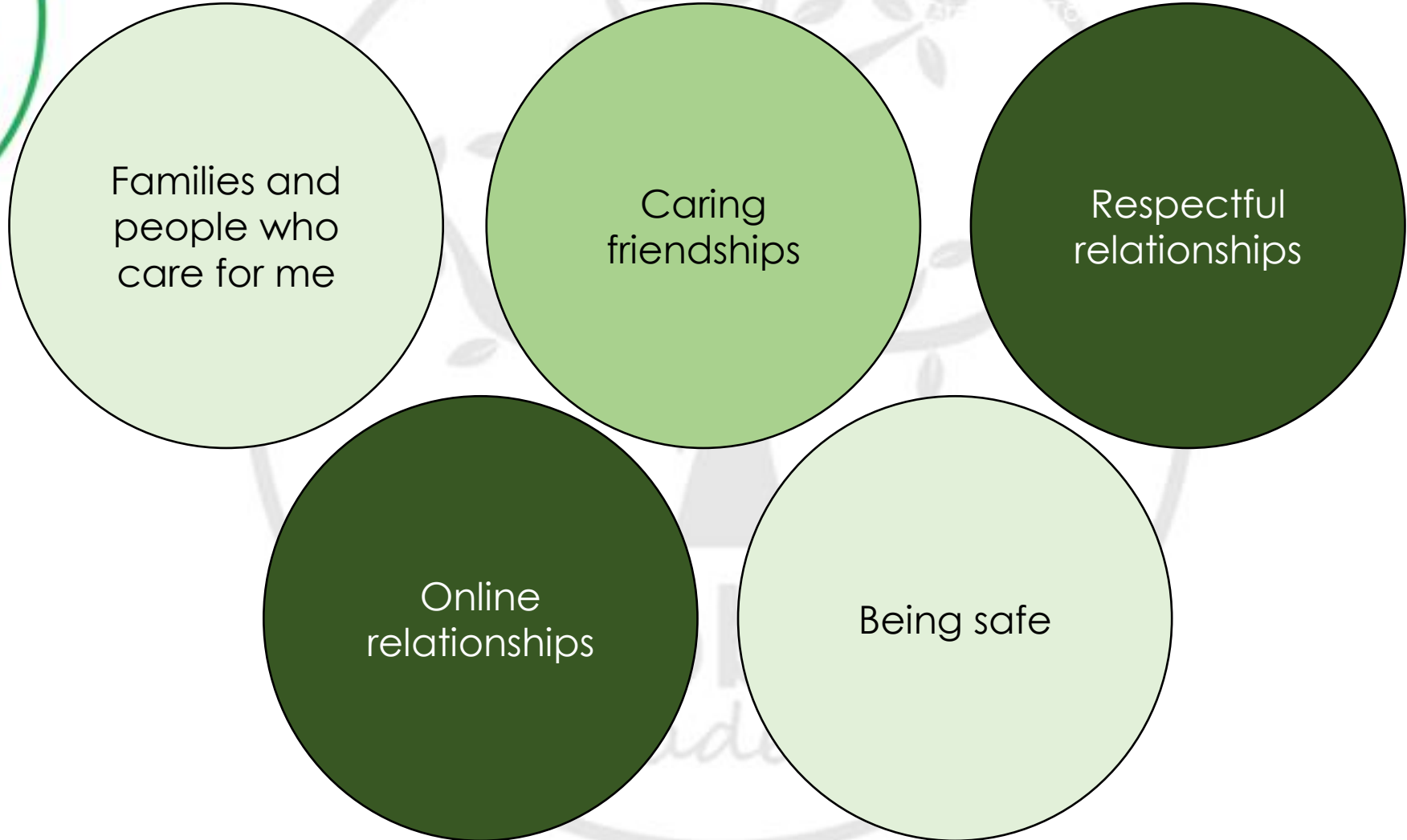
Health Education will be **compulsory** in all schools



Relationships Content



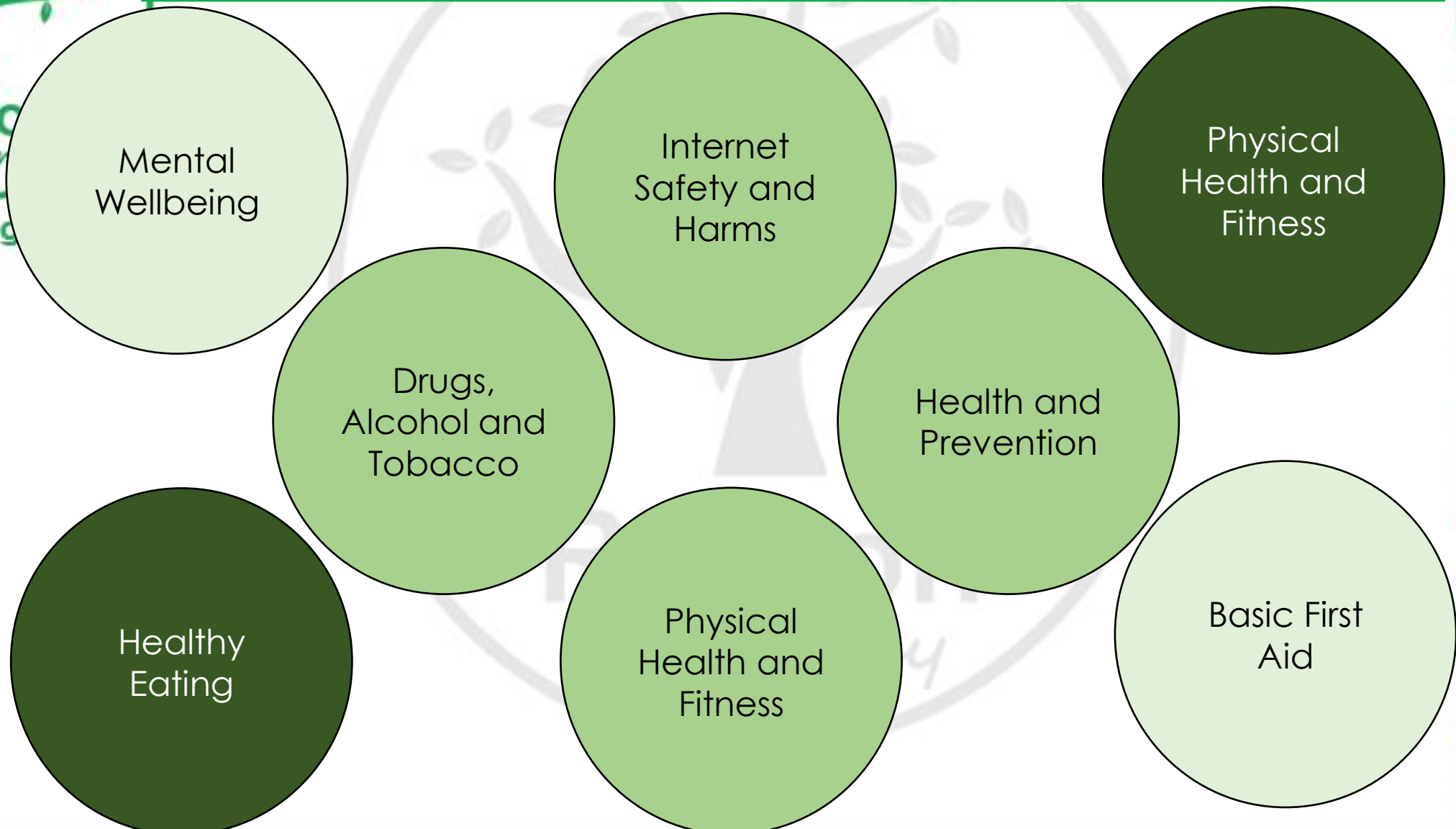
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**Sex education is not compulsory in primary schools.
Withdrawal is an option to be discussed with the Headteacher**



Physical Health and Mental Wellbeing Content



Why?



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Misinformation

Society changes

Respect and
understanding



Our Curriculum



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Key Units



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1	Being Me in My World
2	Celebrating Difference
3	Dreams and Goals
4	Healthy Me
5	Relationships
6	Changing Me



Changing Me



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Year	What is covered in the 'Change Me' Unit:	
Reception	Growing up	How we have changed since we were babies
Year 1	My changing body	Understanding that growing and changing is natural and happens to everybody at different rates
	Boys' and girls' bodies	Appreciating the parts of the body that make us different and using the correct names for them
Year 2	The changing me	Where am I on the journey from young to old, and what changes can I be proud of?
	Boys and girls	Differences between boys and girls - how do we feel about them? Which parts of me are private?
Year 3	Inside and outside body changes	How our bodies need to change so they can make babies when we grow up - inside and outside changes and how we feel about them

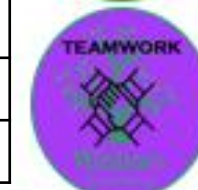


Changing Me



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Year	What is covered in the 'Change Me' Unit:	
Year 4	Having a baby	The choice to have a baby, the parts of men and women that make babies and - in simple terms - how this happens
	Girls and puberty	How a girl's body changes so that she can have a baby when she's an adult - including menstruation
Year 5	Puberty for girls	Physical changes and feelings about them - importance of looking after yourself
	Puberty for boys	Developing understanding of changes for both sexes - reassurance and exploring feelings
	Conception	Understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of a new life
Year 6	Puberty	Consolidating understanding of physical and emotional changes and how they affect us
	Girl talk / boy talk	A chance to ask questions and reflect (single sex)
	Conception to birth	The story of pregnancy and birth



RSE Policy



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[Ribbon Wesbite – RSE Page](https://ribbonacademy.org.uk/rse/)

<https://ribbonacademy.org.uk/rse/>

[Ribbon Wesbite – PSHE Page](https://ribbonacademy.org.uk/pshe/)

<https://ribbonacademy.org.uk/pshe/>

[Jigsaw](https://www.jigsawpshe.com/primary-pshe-scheme-of-work-including-statutory-relationships-and-health-education/)

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RSE Policy

Staff Responsible:

Mr S Houghton & Miss K Jones

Date of Issue:

September 2021

Review Date:

September 2024





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Thank you, Please complete the questionnaire

For any further information, please contact
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